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## Presents the February 2024 Caregiver Support Group

**Activity:** Caregiver Support Group

**Where:** Epilepsy Foundation of  
Greater Southern Illinois  
Event Hall  
750 W H Street  
Belleville, IL 62226

**When:** February 6, 2024

**10:00am to 11:00am**

*Refreshments will be provided.*

*Please RSVP to Elizabeth Daniels  
at  
(618) 236-2181 ext. 109  
or [elizabethd@epilepsygsil.org](mailto:elizabethd@epilepsygsil.org)  
before February 1, 2023*

Sponsored by the St. Clair County Mental  
Health Board, Madison County Mental  
Health Board, and the Illinois  
Department of Human Services.



- Learn how to support those with Epilepsy
- Learn how to take care of yourself
- Meet others with similar experiences
- Learn Seizure First Aid
- Learn how to keep your loved one safe

**Taking care of someone with Epilepsy can be difficult. You may feel powerless when your loved one has a seizure. We can help!**